4 DAYS 3 NIGHTS AT\_F4

# **FAMILY TREKKING**

# FROM RIFUGIO BARRICATA TO MALGA GALMARARA

# STARTING FROM EURO 210

Check in at the Sporting Residence Hotel located in Asiago with a complementary cocktail and a quick transfer will take you to Lodge Rifugio Barricata for a quick introduction to your trekking, followed by birdwatching. Dinner and accommodation.

DAY 1: From Rigugio Barricata to Rigugio Campomuletto

Distance: 8 km Duration: 3/4H

Total Climb: +390 m-160m Average Slope: +6.9 -4.4 Maximum +19.6 -14.6

Level of Difficulty: intermidiate

"Nature around you is simple and clear, similar to a big fairy tale, where everything is simplified, big and friendly ..." Luigi Meneghello

The first part of the trekking begins in this area named "Finland Italy", a natural oasis surrounded by peace and quiet similar to Scandinavian landscapes, one of the most fascinating places on the plateau. The route goes through grassland surrounded by pine forests and pastures lodge. From June to September pampered by the ring of cowbells it is possible to taste and see how they produce excellent cheeses. We will continue around the area of Piana di Marcesina on the largest moorlands, a particular biotope complex of wetlands once much wider. Upon request, it is possible to visit the moorland for an educational explanation about the many species of flowers and animals of the area. Going west, you immersed in the forests that surround the grasslands and going up to the trail you will easily reach in minutes Lodge Rifugio Campomuletto. Once arrived it will be possible to extend the trek visiting the "Path of Silence" a small open-air museum with 10 contemporary art installations remembering all world wars. It will give you time to think about horrors of wars VS value of peace; a quite place in the heart of nature and history with educational games and activities for kids. Lodge Rifugio Campomuletto will be the final destination for today with dinner and accomodation.

DAY 2: From Rifugio Campomuletto to Malga Galmarara

Distance: 11 km Duration: 3/4H

Total Climb: +400 m-391m Average Slope: +7.3 -6.4 Maximum: +31.4 -26.2

Level of Difficulty: intermidiate

Today's stage brings you to a variety of landscapes. The first part of the trek is surrounded by an environment of open grassland and coniferous forests leading up to the great "busa" of Campofilone, passing by one of the most interesting and mostly unknown forest area of the plateau called "Bosco Secco" (dry forrest), a protected area with an ancient and primitive forest that will take you along the slopes of Mountain Zebio and Mountain Zingarella. An easily detour from the main path will take you to this protected area for bird watching too. The second part of the trails goes up the eastern slopes of Mount Zebio through woods and across the main front line of 1st World War 1915-18 (it will be possible to visit the museum of Mount Zebio). You will than continue easily at





the bottom of Mount Zingarella, where with a little attention it will be easy to spot chamois and deer stationed on the east slope of Mountain, until you will arrive to Galmarara Valley for one of the most incredible views of the Altopiano plateau.

You will check in at the local lodge, Malga Galmarara, for dinner and accomodation.

# **DAY 3:** From Malga Galmarara to Sporting Residence

After breakfast made with local products, you will be transfered to the Sporting Residence in Asiago.





# TREKKING DETAILS

Treks are organized by your choice. You decide the departure date and we will take care of everything else, starting with the first meeting to the end of your tour. We will take care of your luggage from one lodge to the other and we will provide maps with detailed description and reliable paths. Our help will allow you to enjoy completely the Asiago Plateau choosing time and rhythm of your vacation.

# **ASIAGO TREKKING SUPPORT**

Asiago Trekking's team will be available 24/7 to ensure the best result of your vacation. Assistance will be provided anytime. For emergency you can contact (tel.: +39 333 7503484 / +39 0424 462177, e-mail: info@asiagotrekking.it booking@asiagotrekking.it)

## **DEPARTURES**

From June to October

# RESERVATION TEL +39 333 7503484 - booking@asiagotrekking.it

# **CHECK IN AND CHECK OUT LOCATION:**

Starting point: Sporting Hotel Asiago Arrival Point: Sporting Hotel Asiago

**ACCOMODATION:** 

Mountain Lodge (Rifugio): 3 nights

# **DIFFICULTIES:**

From 4 to 6 hours walking through short paths and easy trails (average).

## TREKKING TYPE

Trekking with no guide; detailed maps for all trails are available.

## YOUR LUGGAGE

Luggage will be picked up and delivered using our service car to the different meeting points; daily walking are made just with light equipment as a small backpack loaded with what you need for the single day trip. We recommend limiting the weight your main bag up to 15 kg to facilitate the delivery service and transportation.

# WHAT TO BRING WITH YOU DURING THE DAILY TREKKING:

- A small backpack with inside some water, your camera, sandwich for lunch and a waterproof jacket.
- To walk: wear comfortable hiking shoes with a good grip on the ground; socks made for walking, shorts and T-shirts. First aid kit is welcome.

# PRICE:

Low season: from 01/06 to 20/07 - from 20/08 to 20/10

Price per person: € 210 Children from 3 years to 12 years old: € 120

High season from 20/07 to 20/08

Price per person: € 255 Children from 3 to 12 years: € 150

# **PRICE INCLUDES:**

- accommodation, dinner, breakfast
- baggage transportation; daily map

# PRICE DOES NOT INCLUDE:

- drinks and lunch
- expenses not covered by the program
- guide service for hiking and bikes
- insurance
- bicycle rentals, Nordic walking sticks rentals

# FOOD

Continental breakfast by Rigoni di Asiago: tea, coffee, milk, butter, jam.

Dinner prepared with the unique local products.

Drinks are not included.



