5 DAYS 4 NIGHTS AT_F3

FAMILY TREKKING

FROM VAL GALMARARA TO MARCESINA

STRARTING FROM EURO 280

Check in at the Sporting Residence Hotel located in Asiago with a complementary cocktail and a quick introduction to the tour you selected. Dinner and accommodation

DAY 1: Transfer from Basasanocio to Rifugio Galmarara

Distance: 5 km Duration: 2H

Total Climb: +453m -22,8m Average Slope: +9.5 -6.3 Maximum +36.4 -31.3

Level of Difficulty: intermidiate

Check in your and transfer to the starting point of the trekking at the entrance of Galmarara Valley. You will cross one of the most beautiful valleys of the Plateau. The route follows the trail that goes up north along Galmarara Valley within the mixed forests of beech and spruce that cover the slopes of Mount Dubiello. Climbing up towards Malga Galmararetta, the landscape open up and the environment becomes gradually more and more alpline type where the first pure forest of spruces takes the place of the last beeches and then, towards the finish in Galmarara, give the way to pines and grazing. Situated where the valley opens towards the highest peaks of the Plateau, lodge Malga Galmarara surely enjoys a unique location: in the morning you can wake up to the singing of the black grouse and see some more attractions like the golden eagle, deer or chamois.

You will arrive early afternoon to the Galmarara lodge where you will experience dinner and accomodation.

DAY 2: From Malga Galmarara to Rifugio Campomuletto

Distance: 11 km Duration: 3/4H

Total Climb: +400 m-391m Average Slope: +7.3 -6.4 Maximum: +31.4 -26.2

Level of Difficulty: intermidiate

Today's stage will bring you to a variety of landscapes.

You leave from Malga Galmarara going up the easy trail that takes you back in altitude along the slopes of Mount Zinagarella where from here we overlook Galmarara Valley and the northern mountains (Cima 12 and Ortigara). You will continue easily eastward in an open environment following directions to Tabella dello Zebio where it will be easy, with a little 'attention and binoculars, to spot colonies of chamois and deer stationed on the eastern slope of Mount Zingarella . In this area you cross the front line of 1st World War 1915-18 while taking a different path nearby it will be possible to visit the outdoor museum of Mount Zebio. Now get ready to cross one of the most beautiful forests in the entire Plateau. Infact from here the path descends the eastern slope of Mount Zebio through mixed forests of fir and beech along the Val di Nos Valley and than to climb going north touching one of the most interesting and unknown forest of the Asiago plateau , the protected area of Bosco Secco. It is easily to walk shortly out of the path for quick bird watching. The trail at this point a little rough, climbing up to "Busa di Campofilone" and through the grasslands of Malga Fiaretta, leads us to the lodge named Rifugio Campomuletto . You will check in and accommodate at Campomuletto where local personnel will take care of you.





DAY 3: From Rigugio Campomuletto to Rigugio Barricata

Distance: 8 km Duration: 3/4H

Total Climb: +390 m-160m Average Slope: +6.9 -4.4 Maximum +19.6 -14.6

Level of Difficulty: intermidiate

You will leave from Rifugio Campomuletto following the easy trail that leads to the north- west and through the pastures of Mandrielle that will lead us to the edge of Piana di Marcesina discovering the beautiful forests and grasslands that surround the area. Going down the trail we can admire the "big shoulder" of the Asiago plateau.

You will continue around the area of Piana di Marcesina home to one of the two moorlands having glacial origin. The trail remained on the side of this flat area going north through the woods and open grasslands until you arrive late afternoon to the Lodge Rifugio Barricata for dinner and overnight accommodation.

DAY 4: From Piana di Marcesina to final destination Sporting Residence

Distance: 10 km Duration: 3/4H

Total Climb: +2446 m-215m Average Slope: +5.1 -3.8 Maximum: +23.8 -15

Level of Difficulty: intermidiate

After breakfast made with Rigoni di Asiago products there will be short visit to Piana di Marcesina before you leave for the Sporting Residence Hotel in Asiago. The feeling will be like to be in the "Finland in Italy" because of the natural oasis surrounded only by nature, peaceful and quiet places with landscape featuring "Scandinavian" trails. The path merged with wide opening of grassland surrounded by pine trees forest, one of the most fascinating places in Plateau. Piana di Marcesina hosts two moorlands of glacial origin that represent an interesting biotope once much wider.

From June to September the area is pampered by the sound of cowbells; you will taste excellent cheeses and see how they are produced in this alpine location. Upon request, it is possible to book an educational visit to the local "moorland" to see rare species of plants and wild animals of the area. You will arrive in the afternoon to Malga Fratte.

At the end of the day you will be transfered to the Sporting Residence Hotel in Asiago for the final check out.



TREKKING DETAILS

Treks are organized by your choice. You decide the departure date and we will take care of everything else, starting with the first meeting to the end of your tour. We will take care of your luggage from one lodge to the other and we will provide maps with detailed description and reliable paths. Our help will allow you to enjoy completely the Asiago Plateau choosing time and rhythm of your vacation.

ASIAGO TREKKING SUPPORT

Asiago Trekking's team will be available 24/7 to ensure the best result of your vacation. Assistance will be provided anytime. For emergency you can contact (tel.: +39 333 7503484 / +39 0424 462177, e-mail: info@asiagotrekking.it booking@asiagotrekking.it)

DEPARTURES

From June to October

RESERVATION TEL +39 333 7503484 - booking@asiagotrekking.it

CHECK IN AND CHECK OUT LOCATION:

Starting point: Sporting Hotel Asiago Arrival Point: Sporting Hotel Asiago

ACCOMODATION:

Mountain Lodge (Rifugio): 3 nights - Sporting Hotel1 night

DIFFICULTIES:

From 4 to 6 hours walking through short paths and easy trails (average).

TREKKING TYPE

Trekking with no guide; detailed maps for all trails are available.

YOUR LUGGAGE

Luggage will be picked up and delivered using our service car to the different meeting points; daily walking are made just with light equipment as a small backpack loaded with what you need for the single day trip. We recommend limiting the weight your main bag up to 15 kg to facilitate the delivery service and transportation.

WHAT TO BRING WITH YOU DURING THE DAILY TREKKING:

- A small backpack with inside some water, your camera, sandwich for lunch and a waterproof jacket.
- To walk: wear comfortable hiking shoes with a good grip on the ground; socks made for walking, shorts and T-shirts. First aid kit is welcome.

PRICE:

Low season: from 01/06 to 20/07 - from 20/08 to 20/10

Price per person: € 280 Children from 3 years to 12 years old: € 160

High season from 20/07 to 20/08

Price per person: € 340 Children from 3 to 12 years: € 200

PRICE INCLUDES:

- accommodation, dinner, breakfast
- baggage transportation; daily map

PRICE DOES NOT INCLUDE:

- drinks and lunch
- expenses not covered by the program
- guide service for hiking and bikes
- insurance
- bicycle rentals, Nordic walking sticks rentals

FOOD

Continental breakfast by Rigoni di Asiago: tea, coffee, milk, butter, jam.

Dinner prepared with the unique local products.

Drinks are not included.

